

International Judo Camp U21 women and men

Training Camp Junior 2014

**“WITH THE NATIONAL TEAM OF GERMAN – KAZAKHSTAN
– LITHUANIA – CROATIA - CZECH REPUBLIC - and POLAND ”**

Organizers	<ul style="list-style-type: none">• PZ JUDO• JC POLAND
Term	11 July – 18 July 2014
Venue	Sport hall, ul. Mianowskiego 2 B, 51-605 Wrocław GPS N: 51°7'31" E: 17°4'14".
Correspondence	JC Poland e-mail: judo-club-poland@wp.pl
Participation rules	The camp is for participants – boys & girls born in 1994-1999. The Camp will be carried out by coaches of Polish and German National Junior Team
Expenses	paid by the Participating Clubs
Participating fees	Accommodation and full board - other attractions - 50 euros per day, Training Camp - 50 euro per person.
Accommodation	GEM Hotel *** ul. Mianowskiego 2 B, 51-605 Wrocław. GPS N: 51°7'31" E: 17°4'14". http://www.gemhotel.pl/ Other www.booking.com
Person in charge	Radoslaw Zamecki +48 691032947
Camp entries	Please send your entry until 20 June 2014 !
Schedule	<u>Friday, 11.07.2014</u> 18.00-20.30 arrivals of participating teams and technical meeting at the Hotel Gem ul. Mianowskiego 2B 51-605 Wrocław <u>Saturday - Wednesday 12.07.2014- 16.07.2014</u> 10.00-12.00 training (randori) 15.30-17.30 (randori) 20.00-21.00 technical – game - training (optional) <u>Thursday, 17.07.2014</u> 10.00-12.00 (sauna, jacuzzi, swimming pool) 15.30-17.30 training (stretching, technical) 20.00-21.00 technical training (optional) <u>Friday, 18.07.2014</u> 10.00-12.00 technical training tatami / sauna, jacuzzi, swimming pool (optional) 13.00 departure
Additional information	Neither the organizers of the event will be liable or responsible for arising accidents or damage during participation. The participants of the Camp should have valid medical check-up and insurance against accidents.

We hope you will have great time in Wrocław